



Garfield East BREAKFAST OCTOBER 2025



100% Fruit Juice

100% Orange Juice

All reimbursable meals <u>must</u> have at least 3 components. One of them MUST be a fruit or 100% fruit juice

Daily Milk Offerings: Skim, 1% and Fat Free



BREAKFAST IS FREE FOR ALL STUDENTS

Pork & Nut Free Menu

100% Apple Juice

Juice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GOOD CORE	NATIONAL APPLE MONTH!	Apple Cider Cinnamon Donut Fresh Banana	Warm Apple Frudel Apple 100% Mixed Fruit	Fresh Baked Cinnamon Chip Scone Fresh Orange
Assorted Cereal with	7 Warm Mini	100% Apple Juice 8 Cinnamon Apple	Juice 9 Blueberry Mini	100% Apple Juice 10 Chocolate Chip Brookfast
Graham Crackers Apple 100% Fruit Juice	Cinni Roll Raisins 100% Orange Juice	Muffin with String Cheese Fresh Banana 100% Apple Juice	Waffles Apple 100% Mixed Fruit Juice	Chip Breakfast Round Fresh Orange 100% Apple Juice
NO SCHOOL	Assorted Cereal Bars with String Cheese Raisins 100% Orange Juice	Cinnamon Raisin Bagel with Cream Cheese Fresh Banana 100% Apple Juice	Mini Trix French Toast Apple 100% Mixed Fruit Juice	17 Fresh Baked Mixed Berry Scone Fresh Orange 100% Apple Juice
Assorted Pop Tarts with String Cheese	Vanilla Confetti Waffles Raisins 100% Orange Juice	Yogurt Cup with Vanilla Goldfish Fresh Banana 100% Apple Juice	Turkey Pancake Wrap Apple 100% Mixed Fruit	Grape Filled Crescent Fresh Orange 100% Apple Juice
NATIONAL 27 PUMPKIN DAY Warm Pumpkin Bread	28 Cinnamon Sugar Donut	Plain Bagel with Cream Cheese	Juice Chocolate Muffin with String Cheese Apple	31 Fresh Baked Cinnamon Buns
Apple 100% Fruit Juice	Raisins	Fresh Banana 100% Apple Juice	100% Mixed Fruit	Fresh Orange

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